





One Day Aikido Seminar with

Joe Mc Hugh Sensei 4th Dan Aikikai



Eamon Coyne Sensei 4th Dan Aikikai



Trevor Pigott Sensei 4th Dan Aikikai



Venue: MCR Hall, Mail Coach Road, Sligo

Date: Saturday 8th December 2012

Class Times: 10.30am - 11.30pm Gradings

11.30am - 12.30 pm Aikido

12.30pm - 1.30 pm Aikido

2.30pm - 3.30pm Gradings

3.30pm - 4.30pm Aikido

Cost: €20 (€15 students and unwaged)

Contact: +353 (0) 87 6693711

www.AikikaiIreland.ie