



**Henshin Aikido**  
[www.henshinaikido.com](http://www.henshinaikido.com)

## Aikido Seminar

**Ray Butcher Sensei**  
4<sup>th</sup> Dan Aikikai



**Joe McHugh Sensei**  
5<sup>th</sup> Dan Aikikai



**Date: Saturday 16<sup>th</sup> December**

**Class times: 14.00 - 15.15 (First class), 15.30 - 16.45 (Second class)**

**Venue: Henshin Aikido, 1<sup>st</sup> Floor ABCD, 40 Lower Drumcondra Rd, D9**

**Fee: €15 (Unemployed/Students €10)**

**Information: Email - [info@tbi.ie](mailto:info@tbi.ie) Call - 087 229 0332**