

14TH AIKIDO SUMMER SCHOOL

HORNI BRANNA

29. 6. - 5. 7. 2013



SENSEI MICHELE QUARANTA, 6. DAN AIKIKAI

Aikido, Aiki Ken, Aiki Jo, Hojo, Seitai a Genki Kai

Arrivals: Saturday 29. 6. 2013, arrivals and registration, 9 a. m. to - 3 p. m.
Opening: Saturday 29. 6. 2013, first training at 4 p. m.
Finish: Friday 5. 7. 2013 at noon, lunch and departure.

Price: Includes stage fee, full pension boarding and lodging in
300 Euro three star Pension 409, separate rooms with bathrooms, kitchen,
swimming pool, sauna. Due to limited number of places on request, this
option is on request only.

**Contact and:
Registration** Fill in the Registration form and send it to Katerina Balackova,
staz.hbranna@email.cz, tel. + 420 732 954 951 till 30. 5. 2013.

Payment: Cash: on any stage with Michele Quaranta till 30. 5. 2013,
or on place after prior agreement.

IMPORTANT !

1. **The number of paying participants is limited to 70.**
2. **Stage is organized on the "who comes first" basis.** You are registered to the stage only after filling in the registration form, and payment of the fee.
3. **If you register, but** for any reason do not pay or can not come, let us know! Otherwise you may take place to other people, and it is a lot of work to call and write everyone!
4. **It is possible to take part in the whole stage only,** separate trainings are not allowed.



Location: Horni Branna www.hbranna.cz.

Transport: Prague, Mlada Boleslav, Jicin, Jilemnice, then direction Vrchlabi,
Car: Horni Branna is 5 km far. Pls., look up your way in your route planner.

Flight & Bus: Praha – Ruzyne Airport, take a bus to metro B Praha – Zlicin (ca. 15 minutes), here take metro B direction Praha - Cerny Most (terminal of metro B, cca 40 minutes by metro), here take a bus direction Vrchlabi, end station Dolni Branna, app. 2,5 hour. Horni Brana is 2 km far, we can pick up your baggage and you can walk to the centre.

Let us know when and how you come so that we can help you organize your arrival.
Foreigners may come also on Friday afternoon, 28. 6. 2013. **Pls. let us know in advance!**

Bring your Hojo, bokken, jo and tanto! Bring your slippers, and sport shoes for outside trainings!

We are delighted to announce that Jirka the Chief will be cooking for us his high quality vegetarian and meet meals again ! **Register soon!**

*We are looking forward
to seeing you soon!*



Aikido Ikeda Dojo Praha
www.aikido-praha.cz