



AIKIKAI IRELAND

**Aikido course with Michele Quaranta Sensei 6th Dan Aikikai on
7th, 8th and 9th October 2011**

Venue:

**Sports Gymnasium, Athboy Community School, Kildalkey Road,
Athboy Co. Meath.**

Class Times:

Friday 7th:

8.00pm to 9.30pm All

Saturday 8th:

11.00am - 12.00pm Advanced, 12.00pm - 2.00pm All, 3.30pm -

5.30pm All

Sunday 9th:

11.00am - 12.00pm Advanced, 12.00pm - 2.30pm All

Cost:

€ 40 for weekend (Fri only €10, Sat only € 20, Sun only € 15)

Contact:

Trevor Pigott +353 (0) 87 8328261 (Athboy Aikido Club)